Dr Van Park graduated with a Bachelor of Medicine, Bachelor of Surgery from the University of New South Wales in 2000. Whilst undertaking her undergraduate medical studies, Dr Park worked as a qualified makeup artist, where her passion for cosmetic and aesthetic medicine was born. It was from this early exposure in her career to facial shape and contours and its relationship the perception of beauty and youth that has led her to develop an intimate understanding of facial aesthetics. This has given her a unique angle to aesthetic medicine and its interrelationship between the concept of beauty, art and science.

In Australia, whilst the cosmetic medicine industry was still in relative infancy in 1998 Dr Park was afforded the opportunity to work under some of Australia's pre-eminent cosmetic physicians. This experience gave Dr Park invaluable exposure to the industry and an opportunity to fine tune her technique in combining the science and technology of cosmetic medicine with the art of makeup artistry.

For the past 16 years Dr Park has been a trainer for multiple companies facilitating workshops and training sessions both nationally and internationally in Vietnam, Malaysia, Singapore, Philippines, Hong Kong and China.

She is a fellow of the Cosmetic Physicians Society of Australia (CPSA), Australian Society of Cosmetic Medicine (ASCM) and an honorary member of the Austalasian College of Cosmetic Surgery (ACCS).

Today Dr Park is also highly regarded in the beauty media with quotes in a range of newspaper, beauty and fashion publications. She has been a spokesperson for international cosmetic houses, L'Oreal and Elizabeth Arden.

Dr Park sees the cosmetic medicine industry as a balance between art and science and endeavours to learn through exposure to an international audience thereby providing best-practice techniques to her training doctors, existing and future patients. Dr Park's talent, expertise, reputation and personal rapport in the industry has earned her well regarded recognition from her peers and has forged an enviable client list which includes celebrities and customers who regularly travel from abroad for her treatments.

According to Dr Park there are many opportunities to shape the face without invasive procedures; the greatest potential being from dermal fillers. Dr Park's role as International Trainer is the realisation of a career goal bringing together over 10 years' experience with her passion for beauty and the desire to see the industry grow through education and the sharing of ideas.